

Background

The RESCUE 3 Program was developed by a group of active professionals from groups responsible for search & rescue, paramedical treatment, river guiding, whitewater kayaking, lifesaving, and police & fire fighting services. With over 100 combined years of swiftwater experience, RESCUE 3 has a commitment to swiftwater safety & its evolution. From its head office in California, RESCUE 3's SRT and WRT programs have become the international standard in river rescue. WRT and SRT are recognized in North America by the Canadian Rivers Council, the US Lifesaving Society, and the American Canoe Association, & most commercial outdoor organizations.

Whitewater Rescue Technician Level I (3-Day course)

This course is designed specifically for professional guides, private boaters, park service personnel, and others who work or play around moving water. You will learn to use techniques and simple equipment to assess and perform river rescues. Presented in a three-day format, this course focuses on realistic problems that you may face. The emphasis is on fast, low-tech and improvised rescue techniques that are effective and require minimal equipment. You will be taught to understand whitewater dynamics, handle swiftwater hazards and obstacles, effectively use throwbags, control in-water contact rescues, set up simple rope systems, successfully extricate pinned/wrapped boats, utilize basic rescue equipment and much more. The course builds the necessary skill and confidence for you to perform safe and effective rescues. **Prerequisites:** None

Whitewater Rescue Technician Level II (2-Day course)

This two-day course builds on the skills learned in the WRT1. The WRT2 course concentrates on further developing advanced water rescue skills, including managing the rescue scene, litter management and the utilization of teams. It emphasizes victim rescue and recovery and sharpens rescue skills taught in SRT/WRT 1 within more difficult and hazardous environments. Horizontal rope systems are adapted to vertical situations and the course is highlighted by the application of newly acquired search and rescue techniques during a limited visibility night search. **Prerequisites:** WRT1

Equipment Requirements:

- Full wetsuit or drysuit
- Lightweight water or kayaking helmet
- Canadian Coast Guard Type III or V approved lifejacket/PFD
- Thick-soled water booties or tennis shoes
- Gloves are optional but helpful in cold weather
- Pen and paper for notes

2009 Course Dates:

WRT I: May 11-13 or August 1-3 Course Cost: \$350 (accommodation and meals extra)

WRT II: May 14-15 Course Cost: \$250 (accommodation and meals extra)

Please note that upon successful completion of the course, certification is valid for a period of three years. Recertification is available at 50% of the course cost, within three years of initial certification.