



### **WILDERNESS FIRST AID – 16 hours**

July 28/29, 2007

Cost: \$295 (Includes instruction, meals and accommodation)

This is a practical based course is designed for individuals who will be participating in outdoor activities within hours of medical assistance. This course will provide participants with an introduction to wilderness first aid. Basic topics are covered with an emphasis on practical skills, decision making and dealing with environmental conditions.



### **ADVANCED WILDERNESS FIRST AID FOR OUTDOOR LEADERS – 40 hours**

May 14-17, 2007

Cost: \$495 (Includes instruction, meals and accommodations)

This 40-hour course has become a minimum standard for outdoor professionals, guides and instructors who work in a wilderness setting. The course content extends beyond urban-based first aid operations to include elements inherent in guiding wilderness adventures. Special emphasis is placed on: prevention of injuries, leadership, accident scene management, advanced first aid kits, wound management, and common medical problems.



### **WILDERNESS FIRST RESPONDER – 80 hours**

May 05-12, 2007

Cost: \$955 (Includes instruction, meals and accommodations)

The Wilderness First Responder course is an advanced program for outdoor professionals who work in remote settings, rescue personnel, and those requiring a solid foundation in Wilderness Pre-hospital Emergency Care. In addition to the material covered in the 40 hour program, special emphasis is placed on traumatic injuries, incident command, long term patient care, leader responsibility and liability, advanced medical kits, wound cleaning, evacuation procedures and working with Emergency Medical Services.

**LOCATION:** The Madawaska Kanu Centre in Barry's Bay, Ontario

**TO BRING:** Paper and pen  
Tarp or ground sheet  
Sleeping pad  
Flashlight with extra batteries  
Rope or cord, 3 meters  
Sleeping bag  
First Aid Kit  
Whistle on a cord  
Day pack  
Old clothes for simulations (these will get dirty and stained)

## **MADAWASKA KANU CENTRE**

CANADA'S FIRST WHITEWATER SCHOOL FOR KAYAK & CANOES

Summer: Box 635 Barry's Bay ON, K0J 1B0

Winter: 39 First Ave Ottawa ON, K1S 2G1

Tel: (613) 756-3620

Tel: (613) 594-5268

[paddle@owl-mkc.ca](mailto:paddle@owl-mkc.ca)

[www.mkc.ca](http://www.mkc.ca)